

## **Manna Food Pantry Items of the Month**

Jan.—Soup & Crackers

Feb.—Mac & Cheese and Canned Vegetables

Mar.—Ramen Noodles & Cereal (Cheerios, Raisin Bran, & Corn Flakes preferred)

Apr.—Peanut butter & Jelly

May—Tuna Helper & Hamburger Helper

June—Canned fruit & Applesauce

July—Pork N Beans and Canned Beans

Aug.—Canned Tuna & Beef Stew

Sept—Cereal & Oats (Cheerios, Raisin Bran, & Corn Flakes preferred)

Oct.—Canned Vegetables, Boxed Pasta, Spaghetti Sauce

Nov. —Boxed Stuffing & Potatoes

Dec.--nothing