

NEW YEAR FAMILY NIGHT AT HOME

A NIGHT TO ENJOY WHAT MATTERS



CONVERSATION & FUN

HEY PARENTS!

For many, we know it is hard to believe we are coming to the end of one year and beginning another. Whether you're turning the calendar with anticipation or anxiety, you can be confident that your family is worth slowing down for and celebrating how God has been faithful to you all. It's a busy season, yet taking a night to celebrate + remember matters.

This guide is meant to provide you not with another "should," but with some freedom and clarity for how to focus in on a fun family night at home with your child/children that memorializes what matters about your year together.

This guide includes:

- Formative questions to encourage meaningful family conversations about perspective, release, and hope.
- A recipe for fun and easy "Strike-of-Midnight" Sodas (With a Pop!)
- A fun family activity idea

Other than the recipe ingredients, this should not cost you anything and can happen any night at the end of December or January when you're all together. Have fun!

RECIPE:

"Strike-of-Midnight" Soda

ACTIVITY:

Family Time Capsule

EVERYDAY FORMATION QUESTIONS

Ask over dinner or while you are enjoying your sodas you just made together...

- What are three words that you would use to describe this past year for you?
- What did you notice about God this year?
- Describe one of the ways you noticed the love of Jesus in one another this year.
- What was hard about the past year? What do you want to tell God about that?
- What specific things do you feel like God is inviting you or leading you to say goodbye to as you enter this new year?
- What specific things do you feel like God is inviting you to say hello to as you enter this new year?
- What are you hopeful for about the new year? What do you want to tell God about that?
- What pictures come to mind when you think about God making everything new?
- How does it make you feel to think about a new year? How can we pray for you about this new year?

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Therefore if anyone is in Christ, he is a new creature; the old things passed away; behold, new things have come.

- 2 Corinthians 5:17



STRIKE-OF-MIDNIGHT SODA (WITH A POP!)

(Servings: 4)

INGREDIENTS -

- 4, 8 oz cans of your favorite sparkling water
- 1 bag of cotton candy (can be found on Amazon or at local dollar store)
- Optional: Whipped Cream and Pop Rocks candy

Instructions: Make sure sparkling water has been in refrigerator for 12-24 hours so it is chilled. Set out 4 glasses and put cotton candy in each glass so it is full to the top (do not stuff it in, just loosely fill the glass). Give each person the opportunity to pour their can of sparkling water over the cotton candy in their glass - have fun with watching the cotton candy dissolve! You could make it a game and have people count to see whose cotton candy dissolves first. Once dissolved, stir with a straw or spoon to make sure it has mixed in. Top with whipped cream and a sprinkle of pop rocks for a little extra fun!

Family Time Capsule

Instructions:

- Find a nice size jar or decorative box you have on hand (the dollar store has great options if you do not have any on hand) that you would like to use for your time capsule.
- Print off the "Snapshot Of My Year" sheet (see below) - one for each family member. Give each person a sheet and a pencil or pen.
- Have each member fill out their sheet and attach their favorite picture of themselves to the paper.
- Next, have each person find 1-2 small items that they feel commemorates important or treasured stories from their year that they would want to add to the time capsule. It could be something like a ticket stub, a note, an ornament, a photo, a rock or dried flower, etc...
- Have each family member share why they chose the items that they did for the capsule. As you close the time capsule, take an opportunity to pray over your family and bless each person.
- Display the time capsule on a shelf in your home. Consider opening the capsule at your next new year family night at home!



SNAPSHOT OF MY YEAR

Year: _____

Attach photo here.

Name: _____

My Prayer for the New Year

My Favorites

Subject:

Food:

Book:

Movie:

Place:

ABOUT:

Age:

Height:

Hobbies: